

# GlucoVavi

BLOOD GLUCOSE MONITORING SYSTEM



**Operations & Procedures Manual** 

Thank you for purchasing the SD Gluco Navii™ Blood Glucose Monitoring System. This manual provides important information to help you to use the system properly. Before using this product, please read the following contents thoroughly and carefully.

Please note that the following procedures are provided only as an example to help your facility establish its own policy and procedures. Your own policy may differ. Please consult with your director of nursing or administrator for further guidance.

For Questions Regarding Gluco Navii™
CALL (949) 753 - 0001
or
(888) 425 - 1149

CAUTION: Please carefully read the User's Manual and all product instructions before using the Gluco Navii™ Blood Glucose Meter.

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### IMPORTANT SAFETY PRECAUTIONS

### **READ BEFORE USE**

Users need to adhere to Standard Precautions when handling or using this device. All parts of the glucose monitoring system should be considered potentially infectious and are capable of transmitting blood-borne pathogens between patients and healthcare professionals. For more information, refer to "Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings 2007", http://www.cdc.gov/hicpac/2007ip/2007isolationprecautions.html.

### **WARNING**

The GlucoNavii™ meter should be disinfected after use on each patient. The Gluco Navii™ Blood Glucose Monitoring System may only be used for testing multiple patients when Standard Precautions and the Manufacturer's Disinfection Procedures are followed. WHEN USED FOR TESTING MULTIPLE PATIENTS THE METER MUST BE CLEANED/DISINFECTED AFTER USE ON EACH PATIENT.

### **WARNING**

Only auto-disabling, single use lancing devices should be used with this device.

<u>DO NOT USE REUSABLE LANCING DEVICES WITH THE Gluco Navii™</u>

<u>PRODUCT.</u>

- 1. Use this device ONLY for the intended use, described in this manual.
- 2. DO NOT use accessories which are not specified by the manufacturer.
- 3. DO NOT use the device if it is not working properly or if it is damaged.
- 4. DO NOT under any circumstances use the device on neonates or infants.
- 5. This device does NOT serve as a treatment or a cure for any symptom or disease. The data measured is for reference only.
- 6. Before using this device to test blood glucose, read all instructions thoroughly and practice performing a test. Carry out all the quality control checks as directed.
- 7. Keep the device and testing equipment away from young children. Small items such as the battery cover, batteries, test strips, lancets, vials and vial caps are choking hazards.

# PRECAUTIONS & LIMITATIONS INTERFERING SUBSTANCES

Interfering substances depend on the concentration. The interfering substances listed below may produce elevated glucose test results (at or above the concentration levels noted).

Compound	Limitation		
Acetaminophen	> 6.00 mg/dL		
Ascorbic Acid	> 4.00 mg/dL		
Total Bilirubin	> 40 mg/dL		
Triglycerides	> 1026 mg/dL		
Warfarin	> 1 mg/dL		
Uric Acid	> 9 mg/dL		

### **Regulatory Requirements**

The Clinical Laboratory Improvement Amendments (CLIA) has classified tests of blood glucose as tests that are waived. For all entities that conduct one or more tests, including waived tests on materials derived from the human body for the purpose of providing information for the diagnosis, prevention or treatment of any disease or impairment of, or the assessment of the health of human beings, CLIA has stated that the entity conducting the tests shall meet certain Federal requirements. If any entity conducts tests for the aforementioned purposes, then the entity, under CLIA, is considered to be a laboratory and thus must register with the CLIA Program.

# KEEP THESE INSTRUCTIONS IN A SAFE PLACE

### **BEFORE YOU BEGIN**

Severe dehydration and excessive water loss may cause readings which are lower than actual values. If the patient is suffering from severe dehydration, consult a healthcare professional immediately.

If the patient's blood glucose results are lower or higher than usual, and they do not have any symptoms of illness, repeat the test. If the patient has symptoms or continues to get results which are higher or lower than usual, follow the treatment advice of the healthcare professional.

Use only fresh whole blood samples to test patient's blood glucose. Using other substances will lead to incorrect results. DO NOT use Gluco Navii™ to test serum, plasma or stored whole blood.

If the patient has symptoms that are inconsistent with the blood glucose test results and you have followed all the instructions given in this owner's manual, contact a healthcare professional.

We do not recommend using this product on severely hypotensive individuals or patients in shock. Readings which are lower than actual values may occur for individuals experiencing a hyperglycaemic-hyperosmolar state, with or without ketosis. Please consult the healthcare professional before use.

### **INTENDED USE**

SD GlucoNavii<sup>™</sup> blood glucose monitoring system is indicated for monitoring glucose in fresh capillary whole blood samples drawn from the fingertip, palm, forearm or upper arm. SD GlucoNavii<sup>™</sup> meter must be used with SD GlucoNavii<sup>™</sup> blood glucose test strips and SD Control solutions. The SD control solutions Level M and Level H are for use with SD GlucoNavii<sup>™</sup> test system as quality controls to verify the accuracy of blood glucose test results.

Testing with Gluco Navii™ is done outside the body (in vitro diagnostic use). This system is indicated for home (over-the-counter, OTC) by persons with diabetes, or in clinical settings by healthcare professionals, as an aid to monitor the effectiveness of diabetes control. This system should not be used for the screening or diagnosis of diabetes or for testing newborns or infants.

### THE PRINCIPAL

SD GlucoNavii<sup>™</sup> test strip is designed with an electrode that measures glucose levels. Glucose in the blood sample mixes with reagent on the test strip which causes a small electric current. The amount of current that is created depends on how much glucose is in the blood.

SD GlucoNavii<sup>™</sup> meter measures the current that is created and converts the measurement to the amount of glucose that is in the blood. The blood glucose result is displayed on the meter's screen. By touching a drop of blood to the tip of the SD GlucoNavii<sup>™</sup> test strip, the strip's reaction chamber automatically draws the blood into the strip through capillary action. When the chamber is full, SD GlucoNavii<sup>™</sup> meter starts to measure the blood glucose level. It is a simple and practical system for the daily monitoring of your blood glucose level.

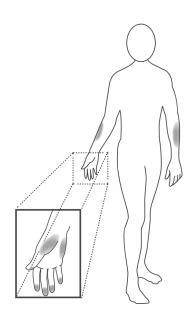
### **ALTERNATIVE SITE TESTING**

### **IMPORTANT:**

There are limitations with AST (Alternative Site Testing).

The AST of the system can be used only during steady-state blood glucose conditions. Please consult the doctor before you perform AST on the patient.

Measurements from AST should never be used to calibrate a continuous glucose monitoring systems (CGMs) or entered into insulin dose calculators for insulin dosing recommendations.



### What is AST?

Alternative site testing (AST) means that people use parts of the body other than fingertips to check their blood glucose levels. The GlucoNavii™ system allows you to test on the finger, palm and forearm.

### What's the advantage of AST?

Fingertips feel pain more readily because they are full of nerve endings (receptors). Other body sites, since nerve endings are less concentrated, patients generally will not feel as much pain compared to the fingertip.

### When to use AST?

Food, medication, illness, stress and exercise can affect blood glucose levels. Capillary blood at fingertip reflects these changes faster than capillary blood at other sites. Therefore when testing blood glucose during or immediately after meal, physical exercise, or any other event, **take blood sample from finger only.** We strongly recommend that you perform AST **ONLY** at the following times:

- With you healthcare providers permission.
- In a pre-meal or fasting state (more than 2 hours since the last meal).
- Two hours or more after taking insulin.
- Two hours or more after exercise.

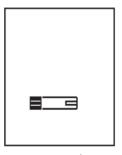
### Do NOT use AST if:

- The healthcare provider has not approved this type of testing.
- Your patient has frequent low blood glucose.
- The AST results do not match the way the patient feels.
- You are testing for hyperglycemia.
- You are testing for hypoglycemia.
- The patient's routine glucose results are often fluctuating.

### **METER SET UP / PROGRAMMING**

### **STEP-1: Setting the Audible Beep**

1. With the meter turned on, press the ON/OFF button for 3 seconds, the display for setting the audible beep will appear (Note the small ) on the lower right area of screen).





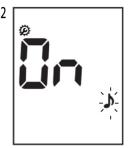


[Meter turned ON]

2. Set the beep mode on or off by pressing the left arrow button to select either ON or OFF. If you select the ON feature, a 'beep' sound will be heard. If you select the OFF feature, no sound will be heard.

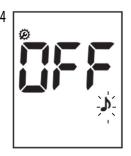


[Push for sound ON]





[Push again for sound OFF]





[Push the ON/OFF to select/confirm sound setting and move to next mode]

### **STEP-2: Setting the Hypo Warning**

### NOTE

- You can set the GlucoNavii<sup>™</sup> meter to let you know when the result indicates a possible low blood glucose (hypoglycemia) level.
- You can also select what blood glucose level, the warning will be indicated, i.e 60, 70, 80 mg/dL.
- If your results are lower than the selected level, the 'hypo' symbol will appear on the LCD screen with a 'beep' sound.
- It is very important to manage your hypoglycemia.
- 1. After confirming the audible sound ON or OFF, the display for setting the hypowarning will appear.
- 2. Using the LEFT arrow key select OFF, 80, 70 or 60 mg/dL. (Note: each push of the left arrow key will scroll to the next choice).
- 3. After you have set the hypo warning mode OFF or the level to 60, 70 or 80 mg/dL by pressing the left button, press the ON/OFF button to confirm your choice.

### STEP-3: Setting the date and time

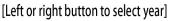
### **Setting the DATE - YEAR**

1. After setting the hypo warning, the display for setting Date will appear. Set the correct year by pressing either the left or the right button (left = down, right=up until the correct year is displayed). Confirm the correct year by pressing the ON/OFF button in center of meter.











[ON/OFF button to confirm selection and move to next mode]

### **Setting the DATE - "DISPLAY FORMAT"**

2. Next will appear the setting to choose the display for month and day format. The meter can display the month and day in either a Month/Day (m-d) format or a Day/Month (d-m) format. Set the preferred format on the display by pressing either the left or the right button. Confirm by pressing the ON/OFF button in center of meter.







[ON/OFF button to confirm selection and move to next mode]

### **Setting the DATE - "MONTH"**

3. Next set the correct month on the display by pressing either the left or the right button until the correct month appears and confirm by pressing the ON/OFF button.



[Select Month]



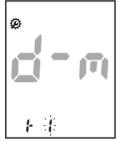
[ON/OFF button to confirm selection and move to next mode]

### **NOTE**

• In this mode the left button will move the number down, and the right button will move the number up.

### **Setting the DATE - "DAY"**

4. Next set the correct day on the display by pressing either the left or the right button until the correct date appears and confirm by pressing the ON/OFF button.



[Select Day]



[ON/OFF button to confirm selection and move to next mode]

### **NOTE**

• In this mode the left button will move the number down, and the right button will move the number up.

### **Setting the TIME - "FORMAT"**

1. Next will appear the display for setting clock to the 12 or 24 Hour format. The meter can display the time in either the 12h format (i.e. AM/PM) or the 24h format. Set the preferred format on the display by pressing either the left or the right button and confirm your selection by pressing the ON/OFF button.











[Left or right button]

[ON/OFF button to confirm selection and move to next mode]

### **Setting the TIME - "HOUR"**

2. Next will appear the setting display to set HOUR. Set the correct hour on the display by pressing either the left or the right button and confirm your selection by pressing the ON/OFF button.











[Select Hour]

[ON/OFF button to confirm selection and move to next mode]

### NOTE

• You must scroll through 12 hours to move from AM to PM. i.e. 10am, 11am, 12pm, 1pm, etc. Be sure the correct AM or PM selection is made before confirming hour and moving to next setup mode.

### **Setting the TIME - "MINUTE"**

3. Next will appear the setting display for MINUTE. Set the correct minute on the display by pressing either the left or the right button. Confirm your selection by pressing the ON/OFF button.











[Select Minute]

[Left or right button]

[Confirm by pushing ON/OFF button]

### STEP-4 : Post-Meal Alarm

You can use GlucoNavii's post-meal alarm function to remind you to test your blood glucose after meal.

- 1. After day and time setting, the display for setting the post-meal alarm will appear.
- 2. Set the post-meal alarm mode to '2h' or 'OFF' by pressing either the left or the right button and then confirm the selection by pressing the ON/OFF button.











[Left or right button]

[Confirm by pushing ON/OFF button]

### **NOTE**

- If you select the post-meal alarm '2h' feature and test with pre-meal mark, the 'clock symbol' will appear on result display and the 'beep' sound will be heard in 1 minute (or until shut off) 2 hours after the pre-meal test time.
- If you perform the pre-meal test while the post-meal alarm setting is on, then the post-meal mark will appear automatically on your LCD when you test within following period: from 30min to 130min after your pre-meal test.
- If you mark the new test result with a pre-meal mark, the old alarm setting will be ignored and only the new setting will sound in 2 hours.

### **STEP-5**: Setting the Test Reminder Alarm

GlucoNavii™ includes an alarm function to remind you to test your blood glucose. Up to 4 reminder alarms may be set.

- 1. After Post-meal alarm setting the display for setting the first alarm will appear.
- 2. Set the first alarm ON or OFF by pressing either the left or the right button and then confirm your selection by pressing the ON/OFF button.











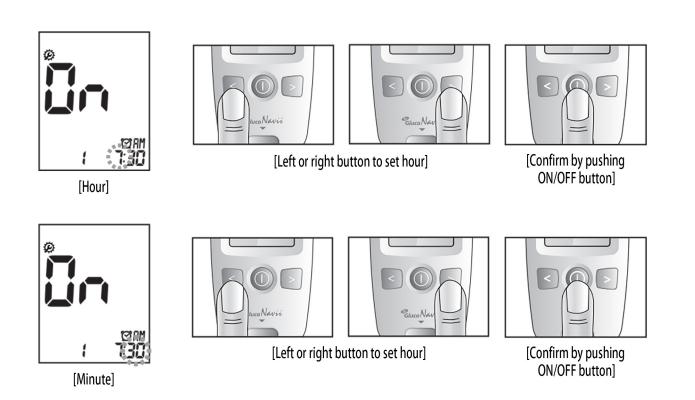
[Left or right button]

[Confirm by pushing ON/OFF button]

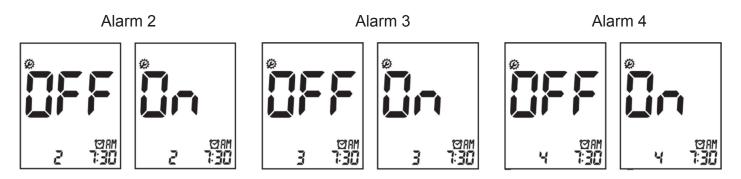
### **NOTE**

- If you select the alarm "OFF" feature, set-up is complete.
- If you select the alarm "ON" feature, you can set the next alarm. Up to four alarms per day may be set once "OFF" is selected, set up is complete.

3. If you select the alarm "ON" feature in first alarm mode, the clock will begin to blink. Set the correct hour and minute you want to be reminded to test for by pressing either the left or the right button. Confirm the selection by pressing the ON/OFF button.



4. Once you finish setting the first alarm, you can set three additional alarms. For each alarm, set the time as you did for the first alarm.



5. When you finish setting the last alarm setup is complete.

### **NOTE**

• Once you select OFF for an alarm, no further alarms will be set. Setup is complete. i.e. if you select OFF for the first alarm, setup us complete. You will not be prompted to set additional alarms.

### PERFORMING A BLOOD GLUCOSE TEST

### **NOTE**

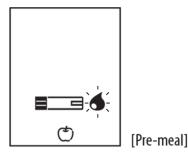
- Always wash hands with warm, soapy water. Rinse and dry them before testing.
- 1. Remove a new test strip from vial. Be sure to tightly close vial cap after removing test strip.
- 2. There are two ways to turn the meter on. The first method is to press the ON/OFF button. The second method is to insert the test strip into test strip slot and the meter turns on automatically.

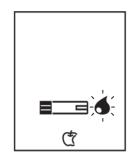




[Insert test strip]

- 3. When the blood drop symbol flashes next to the test strip symbol (*Blood Stand-by Display*), you are ready to perform a test.
- 4. Before you perform a test, you have the option to mark the test as either post-meal or pre-meal test by pressing the right button. Press the RIGHT button once for pre-meal or twice for post-meal. Pushing the RIGHT button again will turn OFF meal mark for that test.





[Post-meal]

### NOTE

- You do not have to mark a result. If you do not wish to track Pre-meal or Post-meal results simply perform your test after inserting the test strip and observing the "flashing blood drop"
- If you perform the pre-meal test while the post-meal alarm setting is on, then the Post-meal mark will appear automatically on your LCD when you test within following period: from 30 minutes to 130 minutes after your pre-meal test.
- 5. Let your arm hang down at your side to allow blood to flow to your fingertips. Grasp your finger just below the joint closest to the fingertip.
- 6. Obtain a blood sample using a new lancet.
- 7. Hold your finger to the tip of the strip until the yellow window is completely filled with blood. **Do not place the blood drop on top of the strip.**
- 8. The blood will be drawn into the strip automatically. If audible sound is turned on, meter will beep to let you know the test has begun.
- 9. When blood is applied to the strip, the display counts down from 5 to 1 and your result appears on the display in 5 seconds.
- 10. The blood glucose result is displayed in mg/dL [Caution: If your GlucoNavii™ meter is desplaying results in mmol/L please stop usage and contact your supplier].
- 11. When the test is done, pull out the used test strip and dispose. The meter shuts off automatically 5 seconds after you remove the test strip.

### **NOTE**

- Dispose of the used test strip as per your facility guidelines.
- Dispose of the used lancet according to facility guidelines.
- Always use fresh capillary whole blood when performing tests DO NOT USE PLASMA, SERUM OR SAVED BLOOD.

### **Your Test Results**

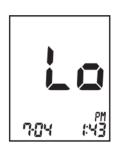
1. After 5 seconds from applying blood into strip, you will receive a result. Displayed results using the GlucoNavii™ range from 20mg/dL to 600mg/dL.



DISPLAY FOR NORMAL RESULT

2. If your blood glucose is above 600 mg/dL, you will receive a "HI" indication on the display. If below 20 mg/dL, you will receive "Lo" indication on the display. In these cases, repeat the test with new test strip. If this message appears again, contact your healthcare professional immediately.





DISPLAY FOR HI & LO RESULTS

3. If you set the pre-meal mark before your test, your result will be stored with a pre-meal mark. (🐡). If you set the post-meal mark before you test, your result will be started with a post-meal mark (🌣).



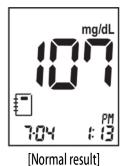


Pre-Meal

Post-Meal

### **USING THE METER MEMORY TO REVIEW RESULTS**

1. Turn the meter on, press the **LEFT** button to review in sequence from the most recent test result to the last test result stored.

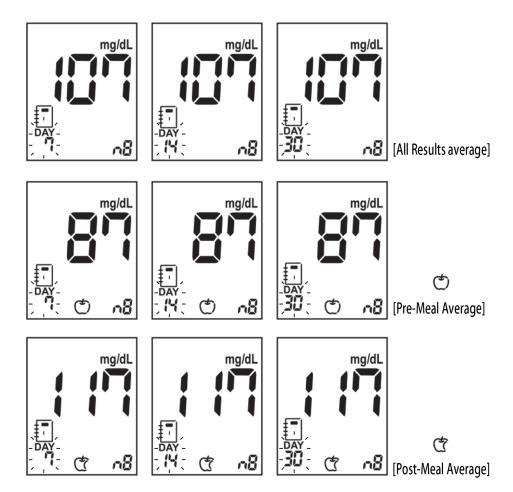




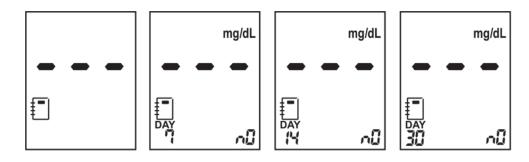


[Post-meal result]

2. Turn the meter on, press the **RIGHT** button to review 7,14 and 30 day averages of test result stored. GlucoNavii™ allows you to view your average three ways. All results, pre-meal results and post-meal results.



3. If there are no stored test results, the following display will appear for 1 sec., and then the meter will display strip stand-by state automatically.



• METER MEMORY. The GlucoNavii<sup>™</sup> has the ability to store 400 results in its memory. Once the memory capacity has been reached, the oldest result will be deleted.

### NORMAL BLOOD GLUCOSE READINGS

The normal fasting blood glucose range for an adult without diabetes is 74 - 106 mg/dL.

Two hours after meals, the blood glucose range for an adult without diabetes is less than 140 mg/dL.

• Your results may vary. Consult with your healthcare provider if you have any questions about your results or how you feel does not match your results.

### WHAT THIS MEANS FOR YOU

Frequent blood glucose testing is the best means to track how well you are doing with your diabetes management. It helps you track the effects of medications, diet, exercise, and stress management. Blood glucose test results can also tell you if your diabetes is changing. This may alert you to adjust your treatment plan. Always consult your healthcare professional before making any adjustments. DO NOT MAKE ADJUSTMENTS TO YOUR TREATMENT PLAN OR MEDICATIONS WITHOUT YOUR HEALTHCARE PROFESSIONALS APPROVAL.

### FREQUENCY OF TESTING

Work with your healthcare professional to decide when and how often to test. This will depend on such things as age, type of diabetes, and medications. It is important to make testing part of your daily routine.

### **MAINTENANCE / QUALITY CONTROL**

### 1. Performing a SD Glucose Check Strip Test

# When should I check my meter using the SD Glucose Meter Check Strip?

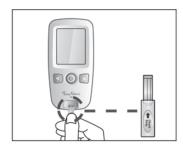
- Whenever you want to check the performance of the meter.
- Before using your meter for the first time.
- Whenever your result does not agree with how you feel.
- If you have repeated a test and the blood glucose result is still lower or higher than expected.

### **NOTE**

• The Check Strip test does not replace a control solution test. The Check Strip test is used to check the meter function. A Control Solution test is used to test the function of meter/strip system.

### **How Do I Use the SD Glucose Meter Check Strip?**

- 1. Insert the SD Glucose Check Strip ('Check Strip' printed handle facing up) into test strip slot. The meter turns on automatically.
- 2. If SD Glucose Check Strip is inserted properly, the meter will automatically start and will count down from 5 to 1.



3. The check result appears on the display in just 5 seconds. If there is any problem with the meter, EEE message will appear on the display. If no problems are detected with the meter "OK" will appear on the display.



['EEE' Error Message]



['OK' Message]

### 2. Performing a Control Solution Test

To perform a control solution test you will need the meter, a new test strip and control solution Level M and/or Level H. The expected control level range is printed on the test strip vial label. (Follow your facilities guidelines to determine if M and/or H Level controls are to be used).

### NOTE

- A set of Level M and H control solutions is available for purchase. To order control solutions, contact your supplier.
- Your meter is designed to recognize the difference between the SD Control solution and blood. Only use SD controls with your GlucoNavii™ meter.
- The meter automatically stores the test results using a control solution code, letting your review them. Control test results are not included in averages.

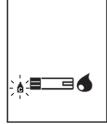
### STEP-1:

- 1) Remove a new test strip from the vial. Be sure to tightly close vial cap after removing test strip.
- 2) Insert a test strip (yellow window printed arrow symbol facing up) into test strip slot. The meter turns on automatically.

### STEP-2:

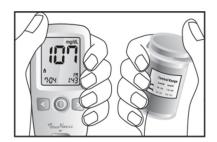
1) Press the **LEFT** button for 3 seconds to mark the result as a control solution test and to check the testing system using a control solution in Blood Stand-by Display. If you don't want the result marked as a control solution check, press the left button again.





- 2) Shake the control solution bottle and discard the first drop of solution. Gently squeeze the bottle to form one small drop. Bring the drop to the edge of the strip, and allow the strip to automatically draw the control solution into the yellow window. When control solution is applied to the test strip, the meter counts down from 5 to 1 on the display. Tightly replace the cap on control solution.
- 3) The control solution result appears on the display in just 5 seconds.
- 4) Compare the control solution result to the range printed on the test strip vial container. If the results are not within the control range printed on the test strip vial, then the meter and strips may not be working properly. Repeat the control solution test. If your results are still out of range contact your supplier.





The control solution range printed on the test strip container is for SD Glucose Control Solution Only. It is not a recommended range for your blood glucose level. ONLY USE SD CONTROL SOLUTION WITH THE SD GlucoNavii™ BLOOD GLUCOSE METER.

	[ Exa	mple]			
	Control Range				
Codes/Rabje Name Just	Level M	Level H			
200 mg	90~140 mg/dL	170~240 mg/dL			
	5.0~7.8 mmol/L	9.4~13.3 mmol/L			
s an example Refer to the ranges on your test strip container 1					

5) Remove the used test strip from the meter and discard it.

### **CAUTIONS**

### 1. Meter

- Keep the test strip slot free of dust.
- Protect the meter from humidity.
- The carrying case is designed to let you store a variety of supplies you may need and helps to protect your meter.
- If you store the meter for extended periods with the battery inserted, keep it in a low humidity environment.

### 2. Test Strip

- The test strips are sensitive to humidity, keep them in a dry and cool environment. Do not store in direct sunlight. Do not store with vial open.
- After removing a test strip from its vial, close the vial cap of the vial immediately.
- The test strip vial closes tightly and can protect the test strips, so you should keep the unused test strips in the vial in which they came. Keep vial closed when not removing a test strip to test.
- Each test strip is for single use only. Do not reuse strips.
- A test strip is sensitive to humidity. Therefore, you should store test strips only in the supplied vial. After removing a the test strip from it's vial, close the vial cap of the test strip immediately.
- After removing a test strip from its vial, you should use it within 3 minutes.
- After 6 months from opening a vial of test strips, discard any unused test strips.
- A .9µl blood sample is required. Insufficient blood volume will result in inaccurate test results.
- Store the SD Glucose Control Solution in 36-90°F(2-32°C) environment.

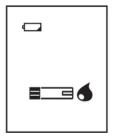
### 3. Control Solution

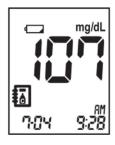
- Store the SD Glucose Control Solution in 46-86°F(8-30°C) environment.
- Do not refrigerate or freeze Control Solution.
- Do not use SD Glucose Control Solution that has passed the expiration date.
- SD Glucose Control Solution can be used for 3 months after opening the bottle. Write the opened date on the bottle when first opened.
- No reconstitution or dilution is necessary

### SCREEN MESSAGES AND TROUBLESHOOTING

### **Low Battery**

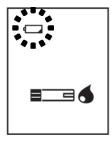
At this time, battery is getting low but you can still perform about 50 tests. Replace the battery soon.

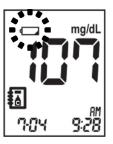




### **Replace Battery**

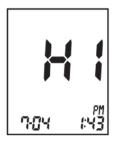
Battery power is very low. Replace the battery immediately. If you press the ON/OFF button, the battery icon will flash and after ten seconds the meter will shut off.





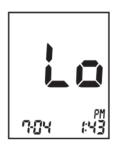
### Hi Message

Blood glucose may be higher than the measuring range of the system. (>600mg/dL)



### Lo Message

Blood glucose may be lower than the measuring range of the system. (<20 mg/dL)



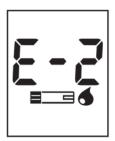
### **Internal Error Message**

Turn off the meter. Then turn on the meter again. If there is still an error message, please contact your supplier.



### **Blood Sample Error**

An insufficient amount of blood was applied. Discard this test strip and test again using new test strip and a larger sample, making sure blood is placed to the narrow channel in the top edge of the test strip.



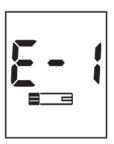
### **Communication Error**

The communication between meter and computer is failed. Reonnect the meter to the PC.



### **Strip Error**

Defective test strip, used test strip or the test strip is damaged or inserted improperly. Discard this test strip and test again using new test strip.



### **Temperature Error**

If the environmental temperature is above or below the operating range of a meter, a thermometer icon will appear on the display. Move to an area between 50-113°F(10-45°C), wait for 30 minutes, and perform a test. Do not artificially heat or cool the meter.



### WARNINGS, PRECAUTIONS AND LIMITATIONS

- Never make significant changes to your diabetes control program or ignore physical symptom without consulting your healthcare professional.
- Severe dehydration (excessive water loss) may cause false low results. If you believe you are suffering from dehydration, consult your healthcare professional right away.
- Extremes in hematocrit may affect test results. Hematocrit levels less than 20% may cause falsely high readings. Hematocrit levels greater than 60% may cause falsely low readings.
- Inaccurate results may occur in severely hypotensive individuals or patients in shock. Inaccurate low results may occur for individuals experiencing a hyperglycemic hyperosmolar state, with or without ketosis. Critically ill patients should not be tested with blood glucose meters.
- Normal endogenous (within body) natural levels of uric acid, ascorbic acid (vitamin C), bilirubin, triglycerides, and hemoglobin do not interfere with your blood glucose results obtained.
- Interferences : The following compounds, at or above the levels below may affect results.

Compound	Limitation
Acetaminophen	> 6.00 mg/dL
Ascorbic Acid	> 4.00 mg/dL
Total Bilirubin	> 40 mg/dL
Triglycerides	> 1026 mg/dL
Warfarin	> 1 mg/dL
Uric Acid	> 9 mg/dL

- Externally taken drugs L-dopa, dopamine, methyl-dopa, acetaminophen, and ibuprofen will not interfere with SD GlucoNavii™ blood glucose results when taken at therapeutic concentrations.
- Do not use SD GlucoNavii™ meter to test neonates or infants. It has not been validated for neonatal or infant use.
- Always insert the test strip into the meter first, and then prick the finger.

### SYSTEM SPECIFICATION

### Meter

Operation				
<b>Temperature</b> 50°F – 113°F (10°C – 45°C)				
Humidity	15% RH – 90% RH			
Altitude	Up to 11,351 feet(3,460 meters).			
Transport and Storage (in shipping container)				
Temperature	-4°F — 140°F (-20°C — 60°C)			
Humidity	15% RH – 90% RH			

### **Test Strip**

Storage				
Temperature	36°F – 90°F (2°C – 32°C)			
Hematocrit	20% - 60%			

### **ELECTROMAGNETIC COMPATIBILITY**

This meter meets the electromagnetic immunity requirements as per ISO 15197 Annex A. The chosen basis for electrostatic discharge immunity testing was basic standard IEC 61000-4-2. In addition, it meets the electro -magnetic emissions requirements as per IEC 61326. Its electromagnetic emission is thus low. Interference from other electrically driven equipment is not to be anticipated.

### PERFORMANCE CHARACTERISTICS:

The performance data for the SD GlucoNavii™ system (SD GlucoNavii™ meter with SD GlucoNavii™ test strips) were obtained using capillary blood from diabetic patients (method comparison, accuracy), venous blood (repeatability) and control solution (reproducibility). Test results are "plasma-calibrated". The reference values are obtained using the YSI method. For method comparison, the results were compared with 6% higher than the results obtained using YSI method. The SD GlucoNavii™ system meets the EN ISO 15197:2003 requirements. The SD GlucoNavii™ system performance has been evaluated both in laboratory and clinical tests.

### 1. Method Comparison

The accuracy of the SD GlucoNavii<sup>™</sup> blood glucose monitoring system was assessed by comparing blood glucose results obtained by patients with those obtained using a YSI Model 2300 STAT Plus glucose analyzer(reference), a laboratory instrument.

Slope	1.067	y-intercept	1.944
Correlation coefficient (R)	0.994	Number of sample (N)	240
T+:	22 550		

Testing range (mg/dL)  $33 \sim 550$ 

< 75 mg/dL (4.2 mmol/L)		$\geq$ 75 mg/dL (4.2 mmol/L)				
Within $\pm 5$ mg/dL (Within $\pm 0.28$ mmol/L)	Within ±10mg/dL (Within ±0.56mmol/L)	Within ±15mg/dL (Within ±0.83mmol/L)	Within ±5%	Within ±10%	Within ±15%	Within ±20%
14/26(54%)	17/26(65%)	26/26 (100%)	80/214(38%)	155/214(72%)	187/214(87%)	209/214 (98%)

# 2. User Performance Evaluation System Accuracy (from layman)

Diabetes experts have suggested that glucose meters should agree within 15 mg/dL of a laboratory method when the glucose concentration is lower than 75 mg/dL, and within 20% of a laboratory method when the glucose concentration is 75 mg/dL or higher. The chart below displays how often the SD GlucoNavii™ meter achieves this goal. The chart is based on a study done to see how well the SD GlucoNavii™ compared to laboratory results.

### Fingertip results

For glucose results lower than 75 mg/dL, the percent (and number) of meter results that match the laboratory method within 15 mg/dL	0% (0/0)
For glucose results at 75 mg/dL or higher, the percent (and number) of meter results that match the laboratory method within 20%	99% (182/184)

### Alternate site results

	Palm	Forearm	Upper Arm
For glucose results lower than 75 mg/dL, the percent (and number) of meter results that match the laboratory method within 15 mg/dL	0% (0/0)	0% (0/0)	0% (0/0)
For glucose results at 75 mg/dL or higher, the percent (and number) of meter results that match	99%	99%	100%
the laboratory method within 20%	(183/184)	(183/184)	(184/184)

### System Accuracy (from healthcare professionals)

< 75 mg/dL (4.2 mmol/L)			≥ 75 mg/dL (4.2 mmol/L)			
Within ±5mg/dL (Within ±0.28mmol/L)	Within ±10mg/dL (Within ±0.56mmol/L)	Within ±15mg/dL (Within ±0.83mmol/L)	Within ±5%	Within ±10%	Within ±15%	Within ±20%
0/0(0%)	0/0(0%)	0/0(0%)	73%(134/184)	96%(177/184)	100%(184/184)	100%(184/184)

### System Accuracy

	Professional User	Non-Professional User
Slope	0.99	0.97
Y-intercept	1.8	3.5
Correlation coefficient (R)	0.978	0.957
Number of subjects	184	184
Range tested	83-346 mg/dL	83-344 mg/dL

### 3. Precision

Precision results indicate that on average you can expect that maximum 3.6% variation from testing across a 50.4-319.8 mg/dL glucose range. The table shows coefficient of variation (CV%) values for five glucose levels that cover the glucose range typical of persons with diabetes.

Mean Glucose level (mg/dL)	n	SD (mg/dL)	CV (%)
50.4	10	1.8	3.6
83.4	10	2.0	2.4
134.8	10	3.2	2.4
201.5	10	5.1	2.5
319.8	10	6.5	2.0

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- 2. Stedman, TL. Stedman's Medical Dictionary, 27th Edition, 1999, p. 2082
- 3. Ellen T. Chen, James H. Nichols, Show-Hong Duh, Glen Hortin, MD: Diabetes Technology & Therapeutics, Performance Evaluation of Blood Glucose Monitoring Devices, Oct 2003, Vol. 5, No. 5: 749 -768

### Manufactured by:



BIOSENSOR INC.

C-4th&5th Floor Digital Empire Building 980-3, Yeongtong-dong, Yeongtong-gu, Suwon-si, Kyonggi-do, Korea www.sdbiosensor.com

### **Authorized Representative**



BIOSENSOR USA, INC. 12860 Danielson Ct., Suite A, Poway, CA 92064. Toll Free No. 855-486-2888

### **Attachment 1: TRAINING CHECKLIST**

SD GlucoNavii™ Blood Glucose Monitoring System Training Checklist

Use the following checklist to assess the operators understanding and knowledge of the GlucoNavii  $^{\text{TM}}$  Blood Glucose Meter System.

	Task	(√)
Area	Clinical Use of Device	
	Knows key features of GlucoNavii™ Blood Glucose Meter.	
	Understands various test types (i.e. finger, AST, quality control) and understands what sample type and sample volume is required.	
	Principles of quality testing and QC materials.	
	Understands the features, benefits and limitations of the GlucoNavii™ system.	
General Knowledge	Understands the proper disposal of used test strips, lancets and exam gloves according to your facility procedures.	
Ger	Understands the displayed error messages and corresponding actions to take.	
۸ ج	Understands the appropriate steps to take for troubleshooting.	
	Knows the actions to be taken when the results are abnormally high or low.	
	Understands the information required to be documented by law and by your institution.	
ν _	Identify the essential parts of the GlucoNavii™ system.	
	Able to locate the serial number, test strip port, test strip ejector, and ON/OFF buttons on the meter.	
GlucoNavii™ Application	Locates the expiration date, first opening date, lot number and control solution ranges on the test strip vial. Locates sample port, confi rmation window and contact bars on the test strips.	
uco ppli	Locates the expiration date, fi rst opening date and lot number on the control solution bottle.	
ਜ਼ੁ ਕ	Knows the proper storage conditions of the meter, test strips and control solutions.	
	Knows how to maintain the meter.	
	Demonstrates proper safety lancet technique when collecting a blood sample.	
	Demonstrates the correct blood testing procedures using the GlucoNavii™ Blood Glucose Monitoring System.	
al ion	Demonstrates the correct test strip insertion technique.	
Practical Application	Performs quality control tests at specifi c times and determines if the results are acceptable. Takes appropriate action if there is a problem.	
Р Р	Demonstrates the proper cleaning and disinfecting techniques for the GlucoNavii™ meter.	
	Performs meter set up, memory retrieval and data transmission operations.	
	Demonstrates the proper actions to take for inaccurate results.	

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Name of Trainee	Date
Name of Instructor	Signature of Instructor

The trainee must complete the training of the GlucoNavii™ Blood Glucose Monitoring System before performing glucose testing on residents.

### **Attachment 2: TRAINING QUIZ**

### SD GlucoNavii™ Blood Glucose Monitoring System

Complete the following questions to assess your understanding about using the SD GlucoNavii™ Blood Glucose Monitoring System to perform blood/glucose tests on residents.

No.	Questions	Answer
1.	The GlucoNavii™ Blood Glucose Monitoring System uses: a). GOD (glucose oxidase) enzyme b). GDH (glucose dehydrogenase) enzyme	
2.	The GlucoNavii™ Blood Glucose Monitoring System can test samples from: a). Finger b). AST (Alternative Sites Testing) c). Control solutions d). All of the above	
3.	The GlucoNavii™ Blood Glucose Monitoring System requires a blood volume of: a). 0.3µL b). 0.9µL d). 1.0µL	
4.	You should perform a control solution test when:  a). You think the meter or test strip may be working incorrectly  b). You drop the meter  c). You have repeated a test and the test result is still lower or higher than expected d). All of the above	
5.	After the control solution and test strip vials have been opened, when do you discard the remaining materials?  a). 30 days  b). 90 days  c). 6 months  d). 1 year	
6.	When performing a quality control test, how do you apply the control solution onto the test strip?  a). Place a drop directly onto the test strip  b). Place a drop on a clean surface and then contact the drop with the test strip  c). Place a drop on your fi nger and then contact the drop with the test strip  d). Shake the control solution vial and squeeze out a drop onto the tip of the vial cap, then touch test strip to drop	
7.	When do you clean and disinfect the meter? a). After each use b). Daily c). Weekly d). Monthly	

**8.** If you saw the following massage on the meter's display, what action should you take?



- a). Replace the battery
- b). Re-test with a new strip
- c). Repeat the test when the room temperature is within 50°F to 113°F
- **9.** The test strips should be stored:
  - a). At 39.2°F to 104°F (4°C to 40°C), below 85% humidity
  - b). At -4°F to 140°F (-20°C to 60°C), below 95% humidity
  - c). In the freezer
  - d). In a different container than the original vial

### Quiz Completed by:

Name of Trainee	Date	Score

# Attachment 3: QUALITY CONTROL RESULT RECORD

# SD GlucoNavii™ Blood Glucose Monitoring System

Results Reviewed by:

Month/Year:\_

Meter Serial #:

Corrective	Action								
	Control Result								
High (H)	Accepted Range								
	Strip Lot #								
(I)	Control Result								
Medium (M)	Accepted Range								
	Strip Lot #								
Test Strip	Expiration Date								
Test	Strip Lot #								
Meter	Cleaned (Y/N)								
Operator Meter									
Station	or Shift								
Time	of Test								
Date	of Test								

# Attachment 3: QUALITY CONTROL RESULT RECORD

# SD GlucoNavii™ Blood Glucose Monitoring System

1	ovito or to	Action								
		Control Result								
	High (H)	Accepted Range								
ed by:		Strip Lot #								
Results Reviewed by:	(F	Control Result								
Results	Medium (M)	Accepted Range								
		Strip Lot #								
	Test Strip Expiration Date									
ear:		Strip Lot #								
Month/Year.	Meter Cleaned (Y/N)									
	Operator Meter Cleaned (Y/N)									
	Station	Station or Shift								
Meter Serial #:		of Test								
Meter S	Date of Test									

NOTES			

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**Links Medical Products Inc.®** 

9247 Research Dr. Irvine, CA 92618 (949) 753 - 0001 (888) 425 - 1149 www.linksmed.com